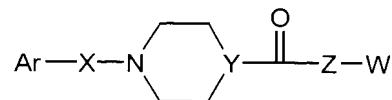


09/747437

Abstract of the Disclosure

Compounds according to the formula:



and pharmaceutically acceptable salts, solvates or hydrates thereof; wherein group

5 Ar is optionally substituted (C_6 - C_{10})aryl or (C_1 - C_9)heteroaryl; X is a direct link, $-CH_2-$, $-SO_2-$,
 $-CO-$, $-CHR^1-$ where R^1 is (C_1 - C_6)alkyl, or $-CR^1R^{1''}$ - where both R^1 and $R^{1''}$ are, independently,
(C_1 - C_6)alkyl; Y is N or CH; and Z and W are as herein defined, and pharmaceutical
compositions thereof, and methods useful to facilitate secretion of growth hormone(GH) in
mammals.

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